




January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
		1 SPROUTS CLOSED	2 Rice Krispies Raisins Milk or Water	3 Apple Bars Goldfish <i>W</i> Milk or Water
6 Raisin Bran Granola Bars Milk or Water	7 Banana Pudding Broccoli & Ranch <i>F</i> Milk or Water	8 Mixed Fruit Oatmeal Cookies Milk or Water	9 French Toast Yogurt Milk or Water	10 Apples <i>F</i> Animal Crackers Milk or Water
13 Cheerios Oranges <i>F</i> Milk or Water	14 String Cheese Vanilla Wafers Milk or Water	15 Life Cereal Cheez-Its Milk or Water	16 Yogurt Carrots & Ranch <i>F</i> Milk or Water	17 Ritz w/C. Cheese <i>W</i> Apple Bars Milk or Water
20 Applesauce Cookies Milk or Water	21 Granola Bars Raisins Milk or Water	22 Graham Crackers Cucumbers & Ranch <i>F</i> Milk or Water	23 Peaches Sugar Cookies Milk or Water	24 Bananas <i>F</i> Vanilla Wafers Milk or Water
27 Apple Bars Cheese Crackers Milk or Water	28 Pears Celery & Wow Butter <i>F</i> Milk or Water	29 Granola Bars Chocolate Pudding Milk or Water	30 Cantaloupe <i>F</i> Yogurt Milk or Water	31 Bagels w/C. Cheese Rice Krispies Milk or Water

F= Fresh Fruit or Vegetable

W= Whole grain